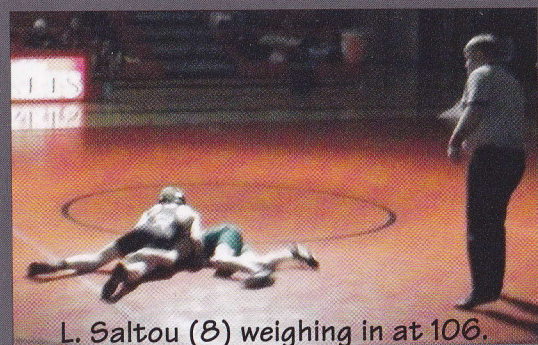


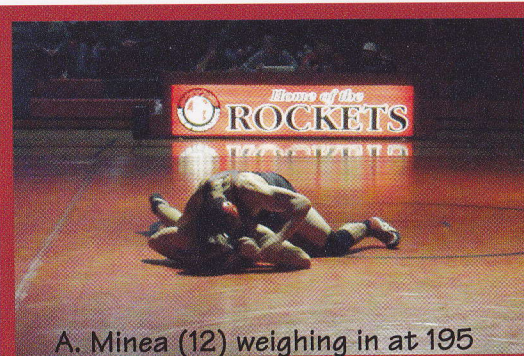
[illegible]

...To Leave It All On The Mat

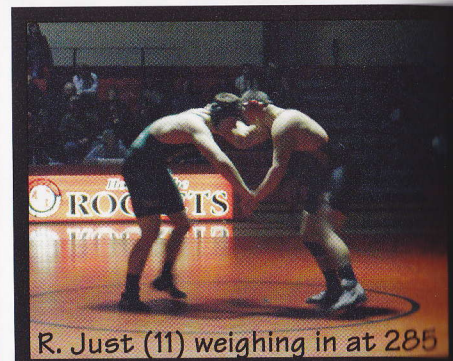
Make your milestone



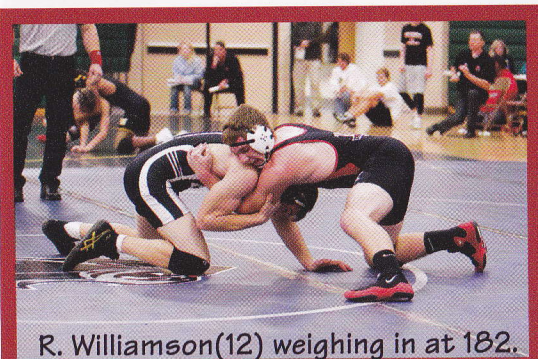
L. Saltou (8) weighing in at 106.



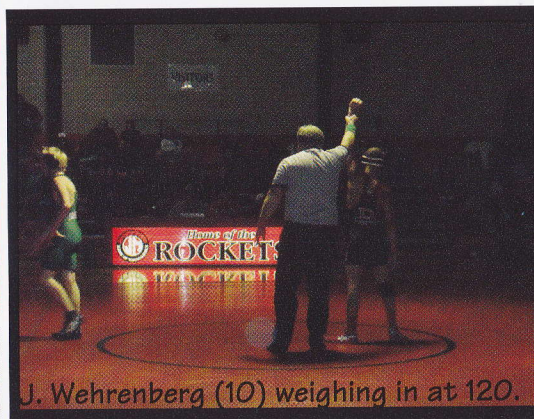
A. Minea (12) weighing in at 195



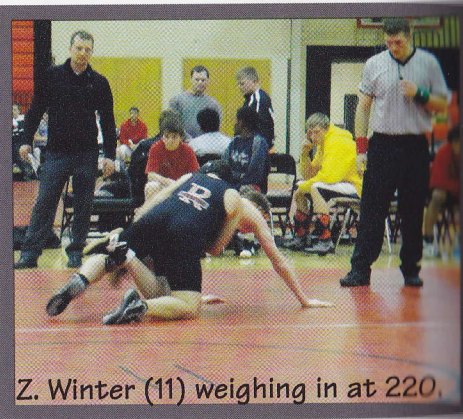
R. Just (11) weighing in at 285



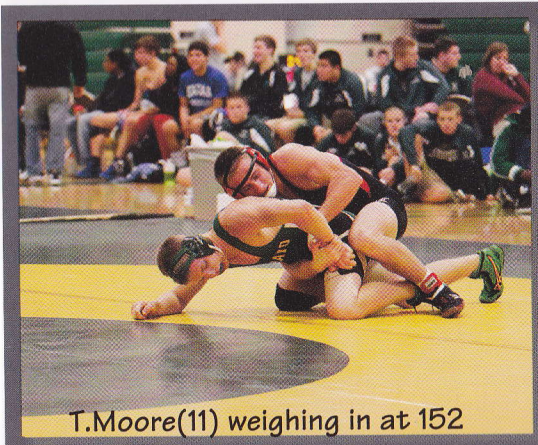
R. Williamson(12) weighing in at 182.



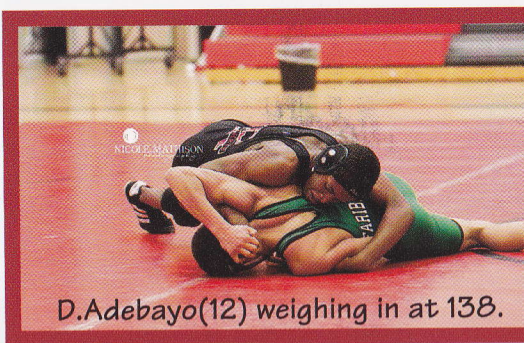
J. Wehrenberg (10) weighing in at 120.



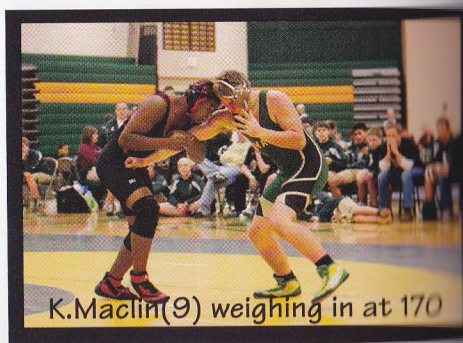
Z. Winter (11) weighing in at 220.



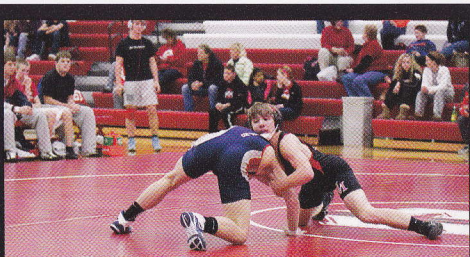
T. Moore(11) weighing in at 152



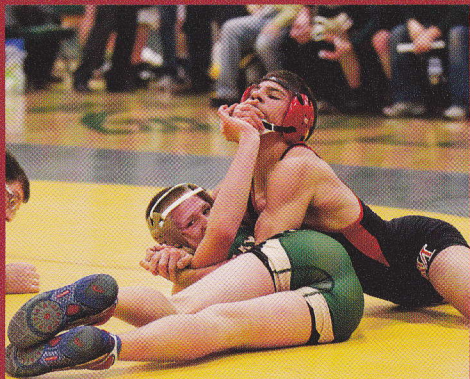
D. Adebayo(12) weighing in at 138.



K. MacIlin(9) weighing in at 170



N.Evan(11) weighing in at 138

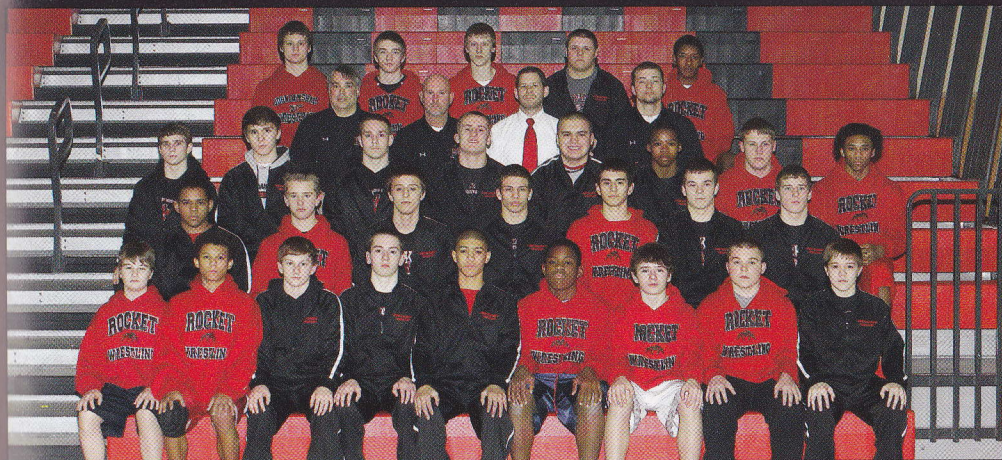


N.Borth (10) weighing in at 145



Home of the ROCKETS

When out on the mat, your win depends on your strength and your flexibility. Wrestlers need a healthful diet to manage their weight. Staying in shape and having the right mindset will lead you to a pin. Throughout the season the wrestlers grow and make milestones, such as Ryan Williamson (12) got 100 pins and 50 wins. Carter Williamson (10) got 75 wins. Nathan Evan (11) and Tim Moore (11) got 60 wins. As told by Ryan Williamson (12), "The team is on track to beat the schools team win record". The team overall has improved throughout the season and will continue to next year. This 2011-12 season, the team lost a former Rocket. Garrett Steiger class of 2011 was a former wrestler for the team and to remember him during the season the team made bracelets and t-shirts.



Wrestling Team Picture 2011-12

D. Adebayo (12), C. Amberger (9), P. Barsoum (7), N. Borth (10), A. Brown (11), J. Bruggenthies (9), M. Caine (10), C. Chatman (11), N. Evans (11), B. Fenlon (11), J. Hanson (8), H. Herzog (11), R. Just (10), H. Kaltak (10), J. Loyo (11), K. Maclin (9), R. Moger (11), A. Moore (10), T. Moore (11), B. Mulvey (11), T. Olsson (11), R. Orr (8), M. Pilarski (9), G. Penny (11), C. Penny (11), Z. Perrault (8), A. Russell (7), L. Saltou (8), L. Schlobohm (9), C. Scott (7), T. Vanderwiel (11), E. Walker (11), J. Wehrenberg (10), C. Williamson (10), Z. Winter (11)
Not Pictured: A. Minea (12) and R. Williamson (12)

BIG NINE CHAMPIONS



MEET THE CAPTAINS

W	Century	67	11
L	Mayo	25	46
L	PEM	33	37
W	Medford	45	24
W	Mankato East	46	21
L	Northfield	34	37
W	Highland Park	69	6
W	St. Charles	36	28
W	St. Paul Central	65	16
L	LARP	29	41
W	Mankato West	52	18
W	USC	38	37
W	Faribault	32	30
W	GMLOK	45	33
L	PEM	36	41
W	Hayfield	60	16
L	Goodhue	34	37
W	Winona	54	12
L	K-W	29	41
L	Owatonna	18	49
W	All City	70	47
L	Albert Lea	21	50

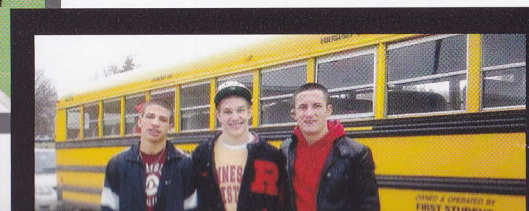
Left: The team with the Big 9 trophy

Below: Ryan Williamson (12), Tim Moore (11) and Nick Borth (10) waiting to go to state.

Outcome:

Nick Borth (10) and Tim Moore (11) lose their matches the first round.

Ryan Williamson (12) loses in consolation quarterfinals





Left: The team with the Big 9 trophy

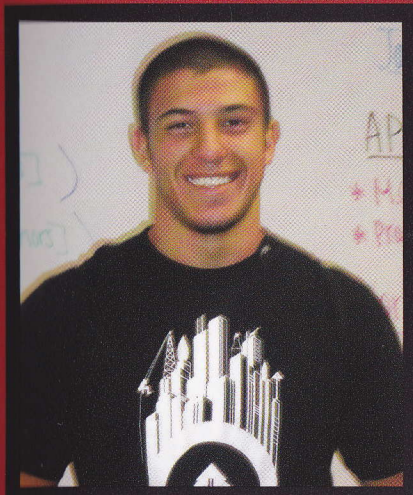
Below: Ryan Williamson (12), Tim Moore (11) and Nick Borth (10) waiting to go to state.

Outcome:

Nick Borth (10) and Tim Moore (11) lose their matches the first round.

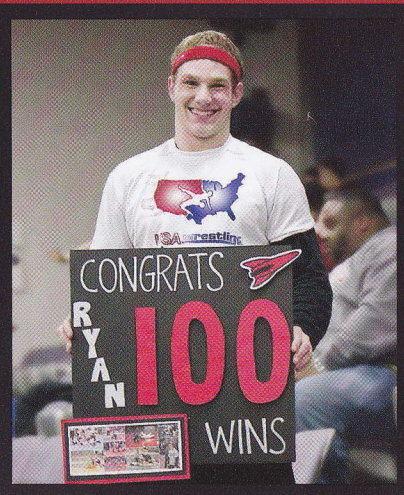
Ryan Williamson (12) loses in consolation quarterfinals

MEET THE CAPTAINS



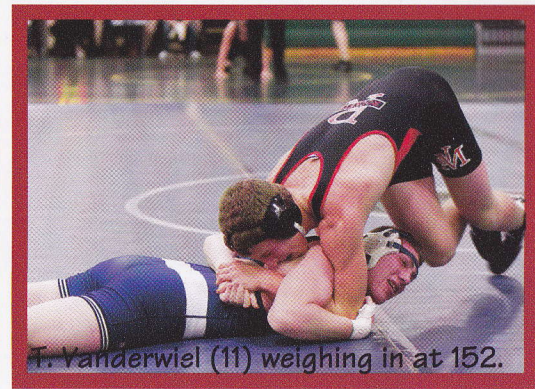
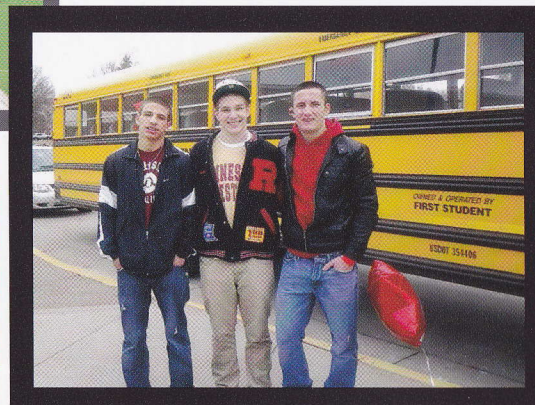
"Stand not for yourself but for your brothers around you."

Austin Minea (12)



"Once you have wrestled, everything else in life is easy."

Ryan Williamson (12)



T. Vanderwiel (11) weighing in at 152.