

SAEK...



ROCHORI

Banging on Mats

By Brian Huey

At the beginning of the season, John Marshall's wrestling team wasn't expected to do very well. The first few matches proved that expectation to be wrong. "We knew we had a good team this year; everyone else expected us to do bad," James McLaughlin (12) said. With a win against Mankato West and an upset over Albert Lea, the team moved to rank eighth in the state. "This is the best team we have had in a while," stated Jason Eggert (12).

Each team member had his own way of getting himself prepared for a match. Each wrestler had to be at the correct weight and be mentally and physically ready. "I

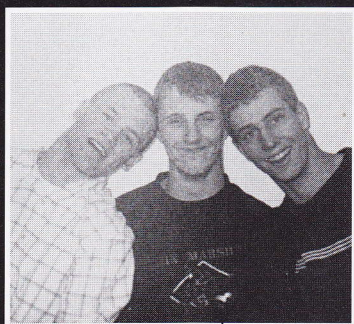
go to the club [Rochester Athletic Club] during my open hours and sit in the steam room or sauna until I lose a couple of pounds," Andy Friedt (12) remarked. Minutes before the match, each wrestler readied himself. "We warm up by pacing back and forth individually," Eggert explained.

Being a wrestler took strong self discipline. During the season, the wrestlers had to consider how everything they did would affect their wrestling, whether it was on or off the mat. John Marshall's wrestling team showed outstanding will and ability to be an excellent team.

FOR THE RECORD

Wrestling

Opponent	Results
Stewartville	W 53-19
Anoka	L 22-33
Mankato East	W 45-16
GMLOK	W 44-23
Albert Lea	W 41-15
Owatonna	L 12-47
Janesville	W 26-25
Milaca	L 22-35
Mankato West	W 40-19
Faribault	W 37-16
Northfield	W 31-27
Henry Sibley	W 43-15
Paynesville	L 38-22
Goodhue	L 16-34
Mayo	W 38-18
Austin	W 50-21
Mankato East	W 42-20
Winona	W 60-12
Faribault	W 41-22
Albert Lea	L 25-30
Rochester Inv.	3 rd
Fairmont Inv.	1 st
Farmington Inv.	4 th
Stewartville Inv.	3 rd
Winona, Riverroad Classic	1 st



▲ Senior Wrestling Captains Chris Muller, Jason Eggert, and Scott O'Reilly.

"This is the best group of teammates a wrestler could ask for!"

—Chris Muller (12)

"It's too bad that this is the last year for most of us; we're finally winning and it feels good."

—Jason Eggert (12)

"We have got a great team that has come a long way."

—Scott O'Reilly (12)

Season in Review

Scott O'Reilly (12)–

"This year was one of the best seasons that JM has ever had in wrestling. It's not that this is the first winning season we've had in over twenty years, or that we sent three wrestlers to state, but because of our team and how we had to come together to accomplish our goals. This is one year I'll never forget."

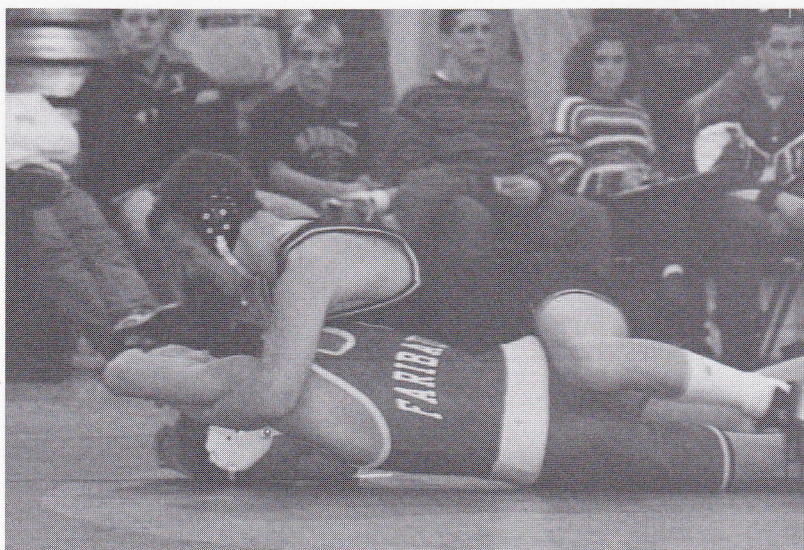


Photo by Kristi Severson

▲ Tim Eggert (9) slams his opponent to the mat while tying up his arms. Eggert used this technique to keep his opponent's face pressed against the mat.

What do you think of your opponent while wrestling him?

"The only thing I think about is a win for the team and what I need to do to get it."

-Andy Friedt (12)

"I look at my opponent as an enemy on the front line of a different army."

-Tony Carmen (12)

"My opponent is inferior to me and he doesn't deserve to be on the same mat as me. Then I rip them apart so they know not to get up when they are done."

-James McLaughlin (12)

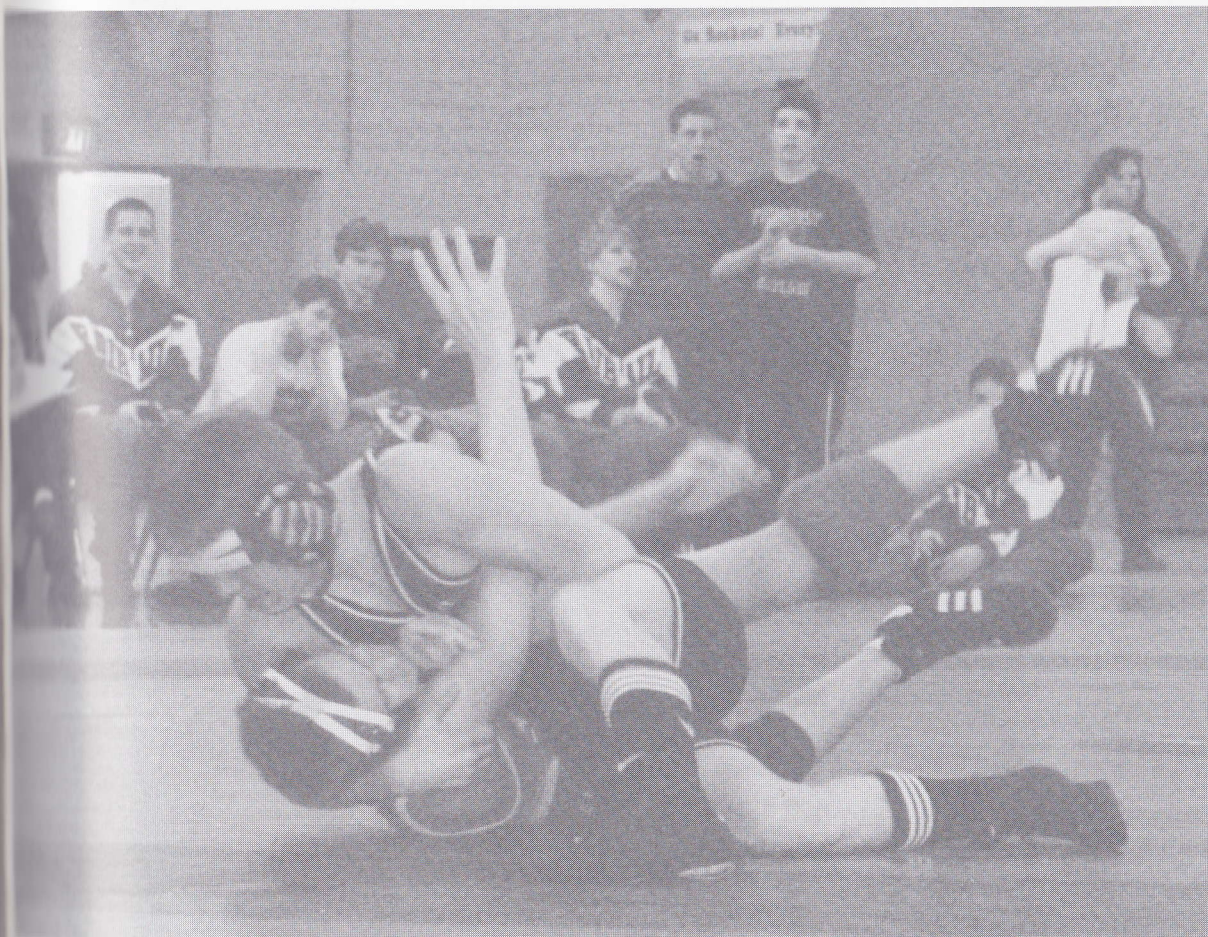


Photo by Kristi Severson

◀ Jason Eggert (12) has his opponent all tied up.

▼ The referee raises Chris Muller's (12) arm to declare him winner of the match.

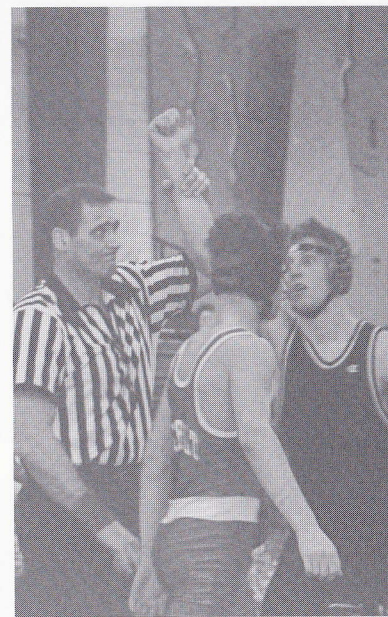


Photo by Kristi Severson



Photo by Elle's

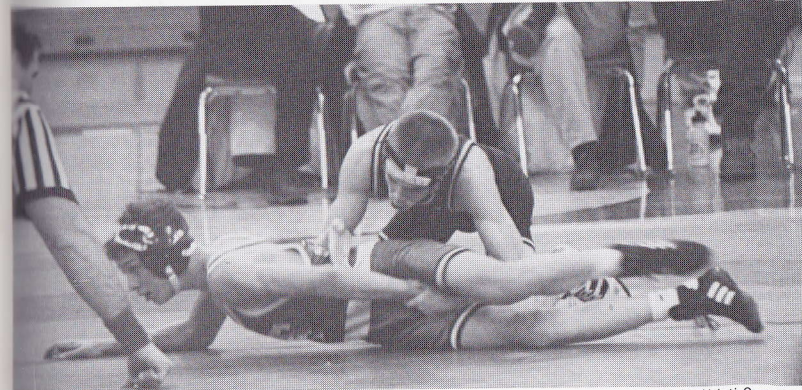


Photo by Kristi Severson

▲ Brandon Derby (10) grabs hold of his opponent's arm while his opponent attempts to escape by rolling away.

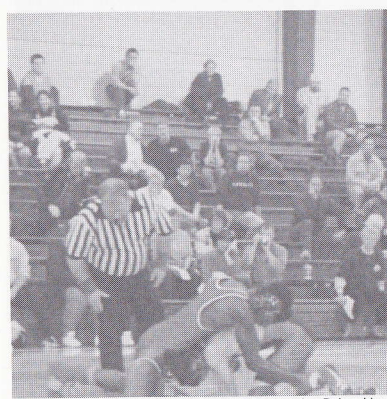


Photo by Brian Huey

▲ LeVaur Livingstone (12) makes an effort to tie up his opponent by grabbing his legs.

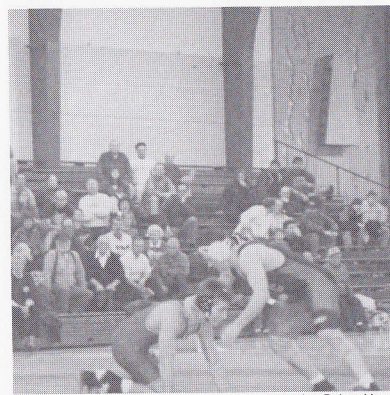


Photo by Brian Huey

▲ Scott O'Reilly (12) lunges toward his opponent as the match begins. Scott's idea is to take his opponent's leg out from underneath him causing him to be slammed to the mat.

◀▲ Wrestling. Front row: K. Severson, S. Eckerson, M. Sturgis, A. Butlin, P. Hargrove. Second Row: J. Erickson, M. Arnold, Z. Schraufnagel, T. Plaage, M. Arnold, D. Pickett, B. Smith, G. Lynaugh, J. Olson, Coach J. Fehrman. Third row: Coach B. Adams, B. Derby, M. Torrez, C. Nielson, S. Jacobson, J. Champion, G. Glinski, D. Pierre, C. Thompson, S. Savage, J. Offeress, Coach D. Berkman. Back row: J. Eggert, A. Johns, N. Jensen, L. Livingstone, J. McLaughlin, S. O'Reilly, J. Schneider, C. Muller, A. Friedt, T. Carman, T. Eggert.

Wrestling
Brian Huey

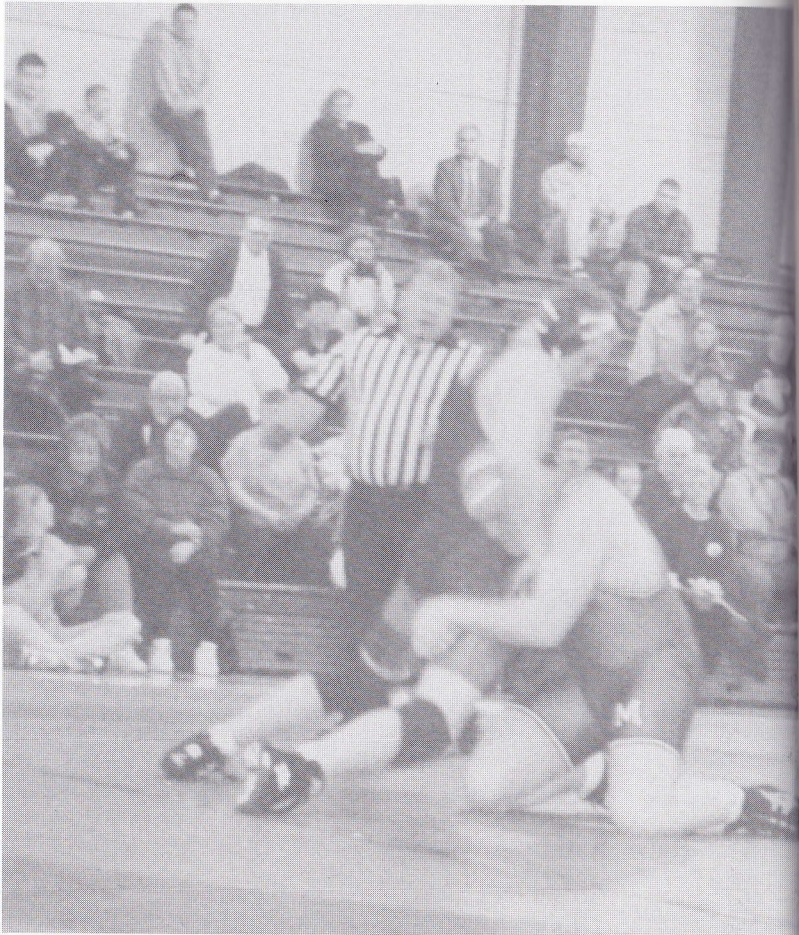


Photo by Brian Huey

▲ Heavyweight wrestler James McLaughlin (12) wraps his arm around his Albert Lea opponent's leg in an attempt to take him down. McLaughlin would go on to pin his opponent in this match.