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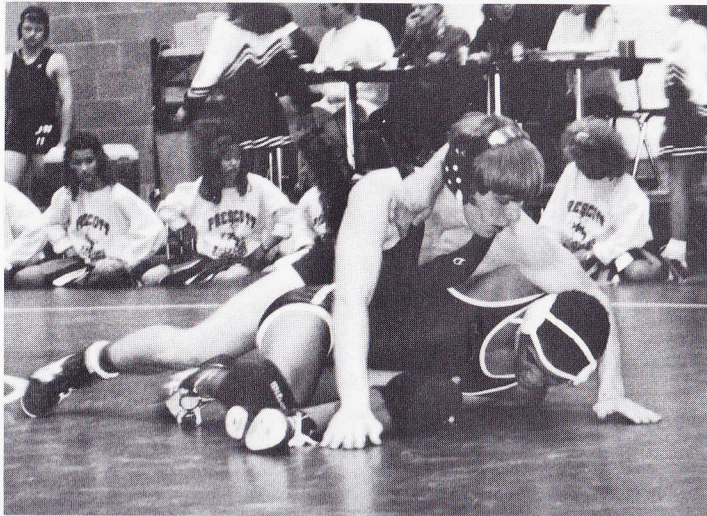
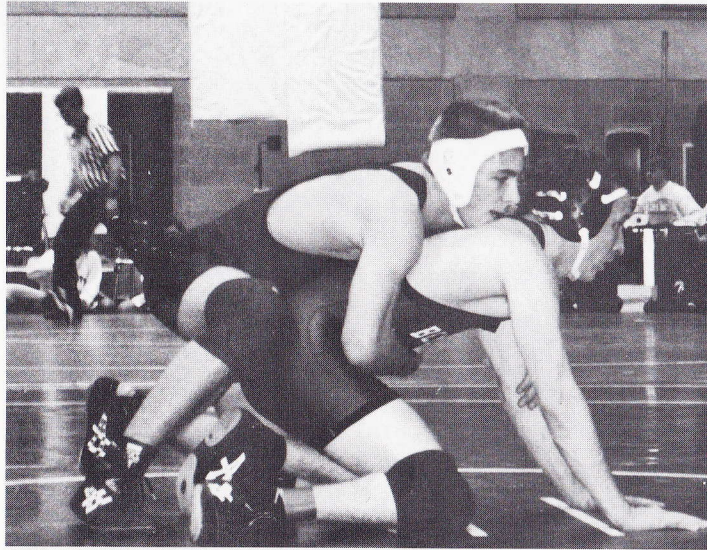


KEEP THE FIRE GOING

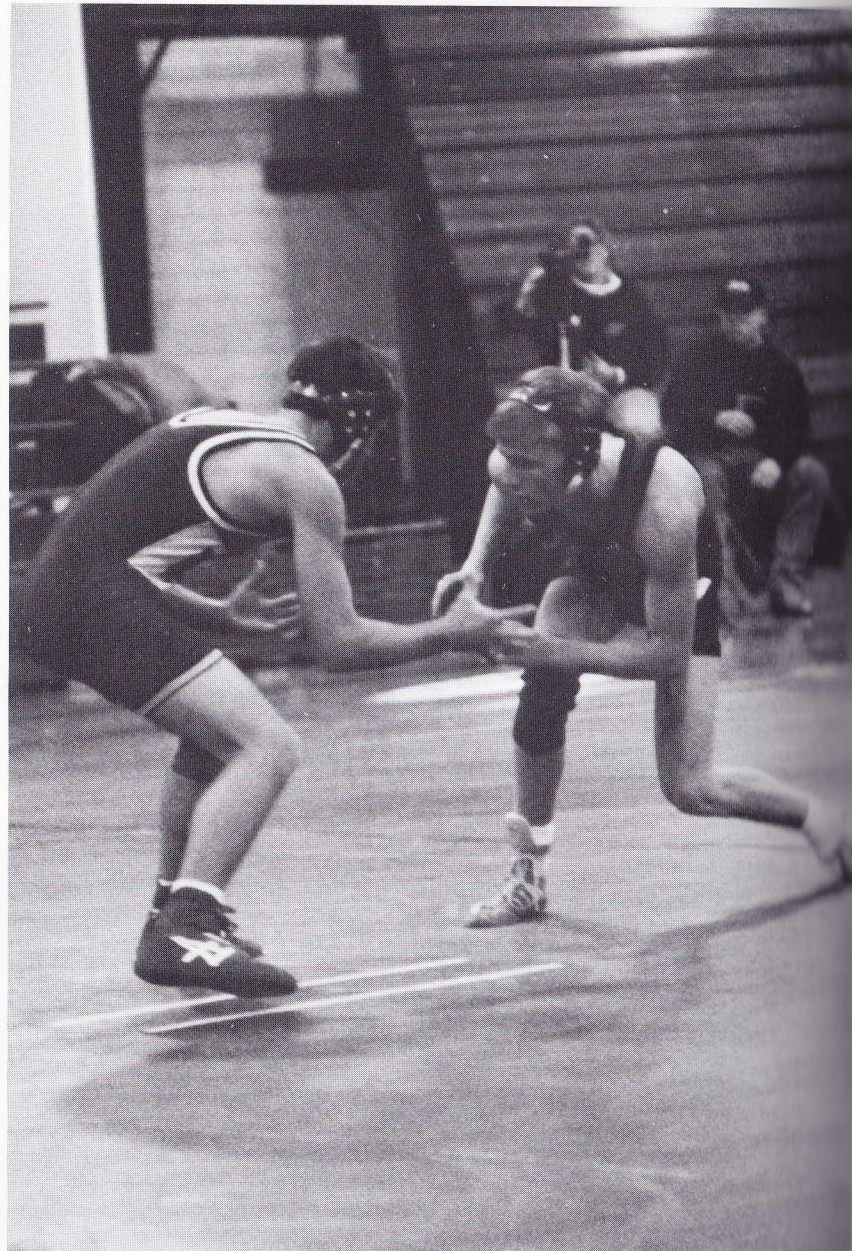
R O C H O R D

Below center: Nathan Holmes (10) gains control over his opponent from Prescott.
Submitted by Erin Brown

Below: Jeremy Koch (10) finds out that being on top is the best place to be.
Submitted by Erin Brown.



Below: Josh Friedt (11) prepares to destroy his foe.
Submitted by Erin Brown



Setting the Mats on Fire

There were a lot of great successes on this year's wrestling team. Josh Friedt went to State and placed third at the tournament. Along with that five wrestlers placed at individual sectionals and Scott Brown (12) was chosen for the All-State Academic team. The wrestlers slaughtered Mayo and, for the first time in twenty-four years, won over Albert Lea.

However, there were many more

successes that were not as visible. The wrestlers worked hard and sweated even harder. They made it through lots of pain and injuries and managed to come out all right. Every award that they received, they earned with their hard work and perseverance.

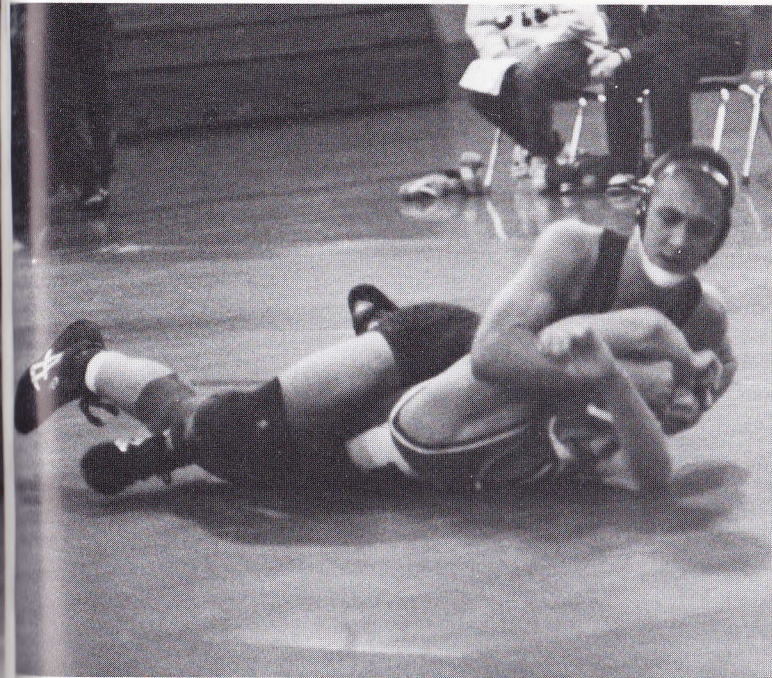
Hey, guys, what have you got?
That's right FIRE!!

By Erin Brown (10)

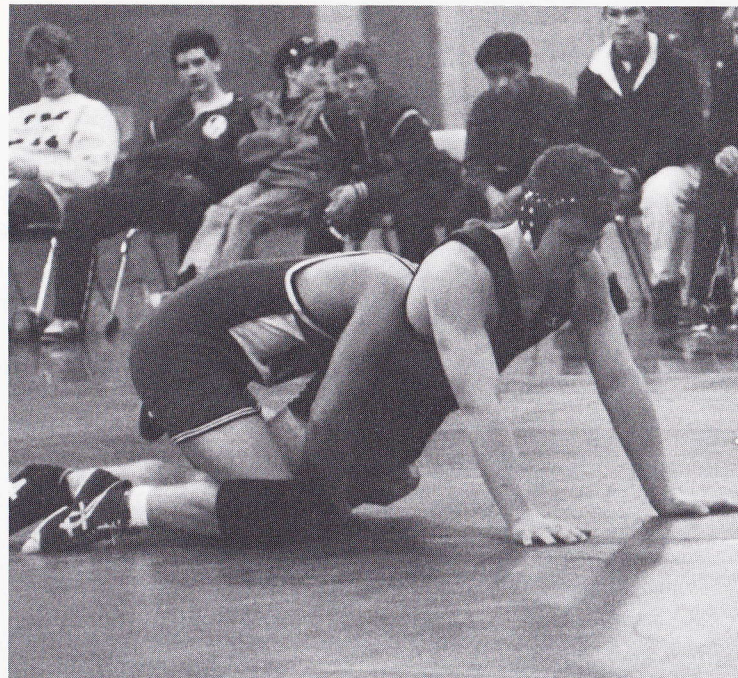


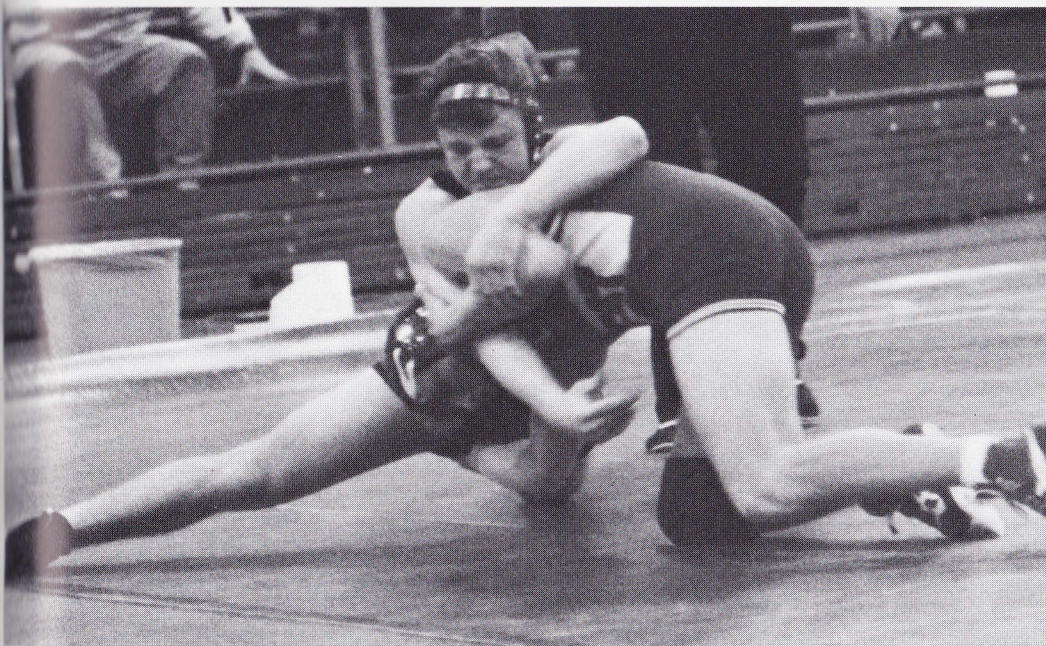
Above: Ryan Erdmann(10) grabs his opponent by the legs and tries to take him down for the win in the Hudson Tournament.
Submitted by Erin Brown

Below: Jeremy Koch (10) wrenches his opponent's shoulders in an attempt to turn him over.
Submitted by Erin Brown



Below: Tom Siem (11) braces himself so his opponent cannot take him down.
Submitted by Erin Brown





Varsity Wrestling		
	JM	Opp.
Eagan	25	36
Mankato East	27	44
Blooming Prairie	43	27
Harmony	31	36
Goodhue	9	64
Houston	58	17
Zumbrota/ Mazeppa	15	54
Mpls. Roosevelt	61	6
Como Park	42	24
Owatonna	30	40
Austin	34	33
Mankato West	24	41
Mayo	58	6
Faribault	21	40
Albert Lea	34	30
Winona	30	31
Mankato East	42	27
Northfield	24	33
Dover/ Eyota	12	54
Harmony	42	24
Wabasha/Kellogg	26	44

Middle left: Using his leg as support, Tom Siem (11) tries to flip his opponent.
Submitted by Erin Brown

Left: Varsity wrestling. Front row: Coach Gingerich, K. Sayder, V. Nguyen, R. Erdmann, C. Synder, C. Helgemoe, J. Friedt, S. Witter, P. King, S. Brown, M. Bertschinger. Row 2: Coach Drews, T. Siem, M. Graves, C. Bacon, J. Koch, N. Holmes, J. McCormick, J. Holmes, J. Oliver, J. Daly, B. Olson, Coach Kuisle. Back row: Mgr. K. Windhorst, Mgr. S. Bertschinger, Mgr. E. Brown, Cheerleaders T. Smith, C. Dilleumuth, E. Harney, A. Hexum.