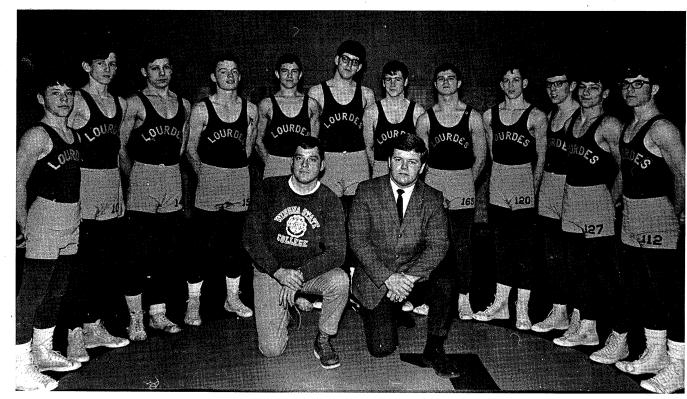
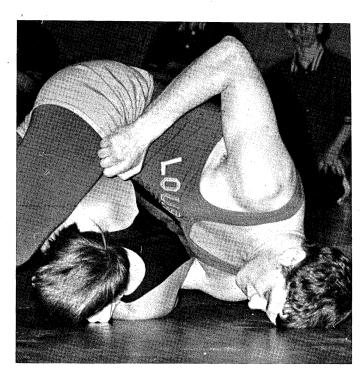




RACONTEUR 1969



The 1969 Lourdes Wrestling Team was coached by Mr. John Philo, Jr. and Mr. Dennis Nigon. The wrestlers are Tom Buechler, Kevin Foley, Matt Marx, Joe Kuisle, Jeff Smith, Pat Cassidy, Mike Dinneen, Ralph Stanislav, Pat Foley, Vince McCoy, John Hockert, and Tim Buechler.

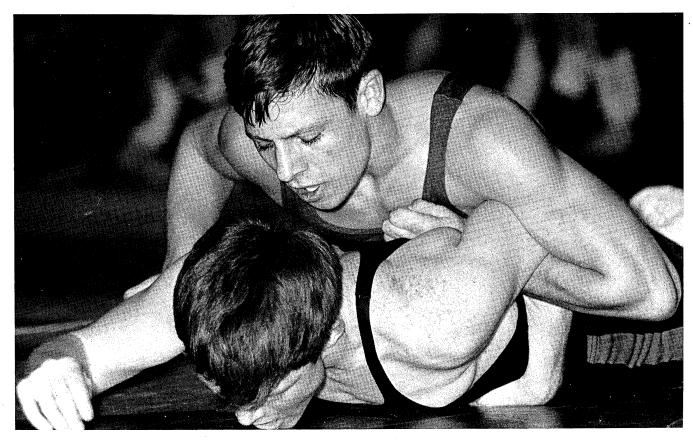


Ralph Stanislav, co-captain grappling his opponent.

Being a member of the wrestling team has been a very gratifying experience. The hours of practice necessary to master the various holds and combinations strengthened me, not only physically, but mentally. There were times when I had to question myself as to why I was working so hard but it was during these moments that I had to give up a dessert or an extra helping of food in order to make my weight.

One of the most important ideals that I have gained from wrestling is the friendship and respect of all my teammates. Wrestling, which is an individual sport, requires real belief in yourself and reliance on your teammates. More importantly, there is a feeling of personal satisfaction in knowing that you have achieved something through your own effort.

Ralph Stanislav



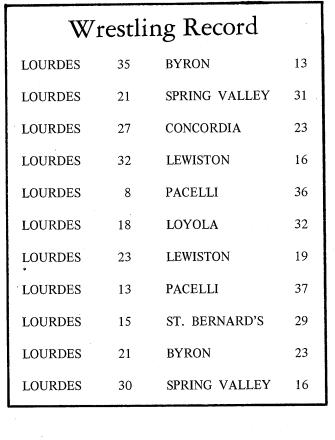
Matt Marx, co-captain of the wrestling team, is determined to pin his man. Matt, a senior, placed fifth in the State and ended his season record with a 15-5.



Lourdes High School was honored to have eight wrestlers participate in the State Catholic Tournaments. They are as follows: coach; Mr. Dennis Nigon, Matt Marx, Joe Kuisle, Ralph Stanislav and Pat Cassidy, coach; Mr. John Philo, Jr., Tom Buechler, Kevin Foley, John Hockert, and Jeff Smith.

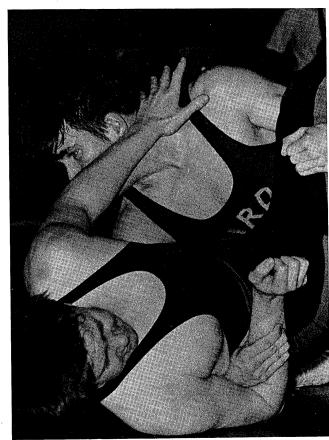


"Another one of those miserable practices." Senior, Pat Cassidy, in his first year of wrestling, filled the heavy weight spot well.

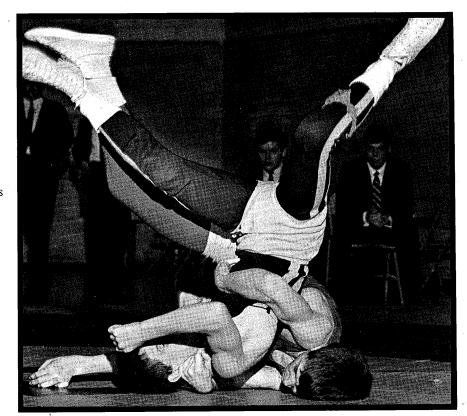




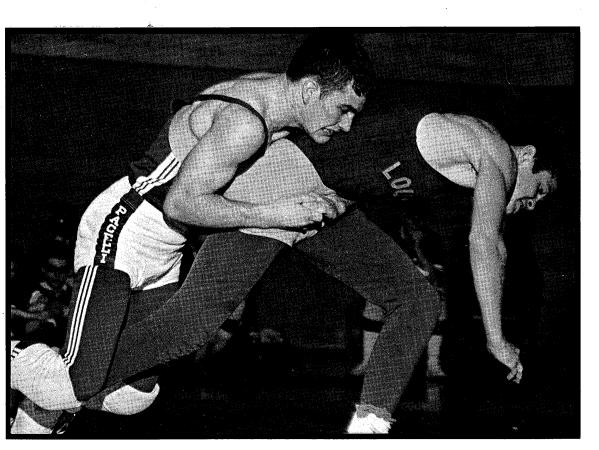
Joe Kuisle in the process of pinning his opponent.



Steve Delaney upsetting the equilibrium of his man thus pinning him.



Even though Tom Buechler only weights 98 pounds he has proven that he is by no means a weakling.



Jeff Smith, with a burst of power, trying to break his opponent's hold. Jeff took second in the State Catholic Wrestling Tournaments while his opponent in this picture took first.