

# Rocket Wrestling Report

May 8th, 2008

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Greetings from the John Marshall wrestling program. You are receiving this newsletter because you have a child (K-12) in the program, are a wrestler for JM, wrestling alumni of JM, or you are a supporter of the program.

As the weather heats up outside, we'd like you to keep the Rocket wrestling program in mind. There are a few things that the coaching staff is working on in order to make next season a success. We appreciate everyone who has helped us in the past, and we look forward to working with anyone new who wants to get involved with the program.

## **Team Camp**

The John Marshall wrestling team will be attending a team camp this summer. The camp will be held from June 14-17. All wrestlers going into grades 7-12 are welcome to attend. Cost of the camp is \$275. This includes rooms and meals. The team camp will focus on technique and live wrestling. Wrestlers can expect to wrestle over 20 matches during the camp. **A \$50 deposit is due by May 13th.** Please make checks payable to UW-Lacrosse and turn them into the JM athletic office in an envelope labeled "JM Wrestling". More details (check-in, check-out, itinerary) to come. It is not mandatory to attend this camp, but it is strongly encouraged.

## **Youth Meeting**

There will be a youth wrestling meeting on **Sunday, May 18th at 7:00PM**. The meeting will be held in the first floor conference room at the Best Western Soldiers Field. [CLICK HERE](#) for a map of the location.

If you have not already heard, RYWA has disbanded and each Rochester high school is now in charge of setting up their own youth wrestling program. John Marshall wrestling will now encompass grades K-12. This is a preliminary meeting to discuss how we will move forward with creating our youth wrestling program. If you'd like to be involved in some capacity or if you have any ideas you would like to share, please make plans to attend the meeting.

## **Volunteers Needed**

The Rocket wrestling program has volunteered to set up and tear down the SEMWREC/Clash wrestling camp. We are in need of 8-10 volunteers to set the camp up at 2:00PM Friday, May 23rd in the RCTC performance court. We are also in need of 8-10 volunteers to tear everything down at 5:00PM on Sunday, May 25th. Most of the work will consist of rolling out 4 mats and taping them, and then rolling them back up that Sunday. The SEMWREC/Clash organization has committed to make a donation to

our program for our services. If you are available to help us on Friday, Sunday, or both days, please contact Brian Parlin at [brianparlin@hotmail.com](mailto:brianparlin@hotmail.com) or 507-358-6530.

### **Cell Phone Collecting**

The JM wrestling team wants your old cell phones! The wrestling team has been collecting old cell phones for the past year and has been sending them into a recycling company in exchange for a donation. If you have any old cell phones lying around, we'll take them no matter how damaged or old they are. Help the environment and the JM wrestling team at the same time by donating your old cell phone(s)! You can drop off any phones at the JM athletic office or you can deliver them directly to Tom Giordano.

Please feel free to share any fundraising ideas you might have with the JM coaching staff.

### **Website**

You can visit the JM wrestling website at:

<http://www.rochester.k12.mn.us/school108/rocketwrestling>

### **Contact Information**

Please feel free to contact the JM coaching staff with any questions, input, or concerns.

Brian Parlin – 507-358-6530 [brianparlin@hotmail.com](mailto:brianparlin@hotmail.com)

Tom Giordano – 507-358-0573 [tomgio@charter.net](mailto:tomgio@charter.net)

Rick Robison – 507-251-4337 [robison.rick@mayo.edu](mailto:robison.rick@mayo.edu)

Kent Kaupa – 507-251-1853 [kkaupa@schwickerets.com](mailto:kkaupa@schwickerets.com)

Mike Woltman – 507-254-0162 [mwoltman@charter.net](mailto:mwoltman@charter.net)

Ricky Ties – 507-398-6775

“You need to find purpose in life, because purpose brings you passion. Passion brings you pride. And pride brings you perspective.”

- J Robinson, University of MN head wrestling coach

If you would like to be taken off of this distribution list please reply to [brianparlin@hotmail.com](mailto:brianparlin@hotmail.com)

