

Rocket Wrestling Report

Vol. V

July 9th, 2009

Greetings from the John Marshall Rockets wrestling program. We hope that everyone is enjoying their summer. There are a few items we'd like to pass along to everyone this off-season.

Summer Ice Cream Social

The Rocket Wrestling Club will be hosting a summer ice cream social. All wrestlers, parents, managers, parents and supporters are welcome to attend the social. Come enjoy some ice cream on what we hope will be a nice summer day.

When: **1:00PM, Sunday, July 19th**

Where: **Allendale Park** (across from John Adams MS, west of 18th ave)

** If it is raining, the social will be moved to the JM wrestling room

What to bring: A lawn chair and an ice cream topping (candy, sauces, fruit)

** The Rocket Wrestling Club will also be collecting used cell phones

The ice cream, plates, silverware and napkins will be provided.

Fundraising

Mike O'Connor is chairing a new Rocket Wrestling Club fundraising drive. We hope to raise funds to cover additional singlets and some warm-up tops for the K-8 wrestlers.

There are also some long-term items we'd like to fundraise for as well. If you have any ideas, contacts, input, or would like to help volunteer, please contact Mike at

MikeOConnor@RocketWrestling.org

Here are two current fundraising efforts we need your help with.

Used Cell Phones Wanted!

We continue to recycle cell phones for our program. Since 2007, we have received \$1,535.75 from our efforts! Please check with family, friends, and neighbors and bring old cell phones to the ice cream social or contact Tom at any other time (tomgio@RocketWrestling.org). They need not be working. We take all phones, any age or condition. There is no need to have the chargers or the accessories.

Volunteers Wanted!

We will once again be handing out Rocket Wrestling Club flyers at the elementary school "Classroom Assignment" day on Wednesday, September 2nd. We'd like to have at least

two people at each of the NW (JM Area) public elementary schools. Contact Tom (tomgio@RocketWrestling.org) with your name, number and which school you would like to help with. The scheduled times are:

Bishop:	Noon-2:00
Elton Hills:	11:00-1:00
Gage:	12:30-2:30
Gibbs:	4:00-6:00
Sunset Terrace:	11:30-1:30
Washington:	11:30-1:30

Pictures Wanted

If you have any pictures of your wrestler in a RWC singlet, we are looking for some photos. If you would like to send them to us, the pictures would be used for our website and some promotional literature. Contact Tom if you have any pictures to share.

Summer Wrestling Opportunity

Here's a chance to wrestle OUTSIDE next to a lake! Click on the link below for all of the details.

Summer Slam – Lake Ripley Beach – Litchfield, MN

<http://www.theguillotine.com/youth/0809/opens/summerslam.html>

New Board Members

Recently, Tim Higgins (TimHiggins@RocketWrestling.or) and Travis Magle (TravisMagle@RocketWrestling.org) joined the RWC board. Welcome aboard! Send any suggestions or feedback to any of the [board members](#).

RWC Website

You can visit our website at www.rocketwrestling.org.

Thanks to Colin Williamson for keeping our website updated.

Visit the website and send any feedback to Colin at webmaster@rocketwrestling.org

Contact Information

Contact the JM coaching staff with any questions, input, or concerns.

Brian Parlin – 507-358-6530 - brianparlin@rocketwrestling.org

Tom Giordano – 507-358-0573 - tomgio@rocketwrestling.org

Rick Robison – 507-251-4337 - robison.rick@mayo.edu

Kent Kaupa – 507-251-1853 - kkaupa@schwickerets.com

Mike Woltman – 507-254-0162 - mwoltman@charter.net

Ricky Ties – 507-398-6775

The sport of wrestling is a tremendous builder of the values and characteristics which are needed to succeed in any walk of life. Much of what I have managed to achieve in life I owe directly to the years I spent in the wrestling room, as an athlete and a coach. Wrestling is a great educational tool.

- Dennis Hastert, former Speaker of the House

If you would like to be taken off of this distribution list please reply to brianparlin@rocketwrestling.org